

## Walking the Hero's Trail at SGS

We are pleased to announce that "Walking the Hero's Trail" is Sterling Grade School's all-school theme for 2006-07. This theme will be showcased through our literacy, learning, character education and school health programs. Each month, we will focus on an American Hero who has made significant positive contributions to society and has character traits we can emulate.

The idea is that our journey through life is like hiking along a trail. It is full of ups and downs, and sometimes the path is rocky, sometimes it is smooth and easy. Along the way, we come to "forks in the road" where we have choices to make. That's where the heroes step in. We can think of our heroes as "trail guides" who serve as a "moral compass" and allow us to follow in their footsteps.

Students will be introduced to each hero through library storytimes. Library skills classes will study biographies as a way to learn about other heroes and role models and will also talk about everyday heroes. Classrooms will participate in the school health walking program and p.e. instructor Susan Brown will chart each class's progress along a poster-sized map of our "hero's trail." Elizabeth Madden's art classes and the monthly Bear Necessities character traits will also tie in to the theme.

Monthly heroes and character traits are:

<b><i>Month</i></b>	<b><i>Hero</i></b>	<b><i>Character Trait</i></b>
October	<b>Amelia Earhart</b> Aviator (Pilot)	<b>COURAGE</b>
November	<b>Eleanor Roosevelt</b> Humanitarian, Diplomat, First Lady	<b>LEADERSHIP</b>
December	<b>Helen Keller &amp; Anne Sullivan</b> Author, Teacher, Activists	<b>FRIENDSHIP</b>
January	<b>George Washington Carver</b> Scientist, Agriculture Innovator, Educator	<b>CREATIVITY</b>
February	<b>Frederick Douglass</b> Abolitionist, Author, Orator	<b>FAIRNESS</b>
March	<b>Roy Rogers &amp; Dale Evans</b> Humanitarians, Movie Stars, Singers	<b>GENEROSITY</b>
April	<b>John Muir</b> Conservationist, Naturalist, Author	<b>RESPECT for nature</b>
May	<b>Jesse Owens</b> Track athlete, Olympic gold medalist	<b>PERSEVERANCE</b>